

A Calm Word
Philippians 4:4-7
April 29th, 2018

God gives calming instructions for our anxious times.

3 Components:

1. Inward Resolve: Rejoice in the Lord. (v.4)
2. Outward Response: Be gentle with all. (v.5)
3. Upward Request: Answer anxiety with prayer. (vv.6-7)